

For Comfort and Strength Confess These as Often as Necessary

I will do all things through
Messiah who Strengthens
me. (Phillipians 4:13)

The peace of Yahweh
which surpasses all
understanding keeps my
heart and my mind though
Messiah Yahshua. And
things which are good, and
pure, and perfect, and

lovely, and of good report, I
think on these things.
(Phillipians 4:7-8)

The joy of Yahweh is my
strength. Yahweh is the
strength of my life. (Nehemiah
8:10, Psalm 27:1)

Yahweh is my refuge and
strength, A very present help
in trouble. (Psalm 46:1)



To Defeat Worry and Fear Confess These Gos-pills Three Times a Day

I am the body of Messiah and satan has no power over me. For I overcome evil with good. (1 Corinthians 12:27; Romans 12:21)

No weapon formed against me shall prosper, for my righteousness is of Yahweh. But whatever I do will prosper for I'm like a tree that's planted by the rivers

of water. (Isaiah 54:17; Psalm 1:3)

I am far from oppression, and fear does not come near me. (Isaiah 54:14)

I take the shield of fath and I quench every fiery dart that the wicked one brings against me. (Ephesians 6:16)

If Overweight, Take This Capps-sule Before Meals Three Times a Day

I don't desire to eat so much that I become overweight. I present my bodt to Yahweh; my body is the temple of the Ruach haKodesh (Holy Spirit), which dwells in me. I am not my own; I am bought with a price; therefor e, in

the name of Yahshua I refuse to overeat. Body, settle down, in the name of Yahshua, and conform to the Word of Yahweh. I subdue the desires of this body and command it to come into line with the Word of Yahweh.

For Material Needs Confess These Three Times a Day Until They're Manifest

I delight myself in Yahweh and He gives me the desires of my heart. (Psalm 37:4)

There is no lack for my Elohim supplies all of my need according to His riches in glory of Messiah Yahshua. (Philippians 4:19)

I do not worry about my life, what I will eat or what I will drink; nor about my body, what I will put on. I Look at the birds of the air, for they neither sow nor reap nor gather into barns;

yet my heavenly Father feeds them. I am much more of value than they. I do not worry about clothing, for the lilies of the field neither toil nor spin; and yet even Solomon in all his glory was not arrayed like one of them. For Yahweh clothes the grass of the field, which today is, and tomorrow is thrown into the oven, and so much more He will clothe me. But I choose to seek first the Kingdom of Yahweh and His righteousness, and know that all these things will be added unto me. (Matthew 6:25-33)

For Wisdom and Guidance Confess These Three Times a Day Until They're Manifest

I trust in Yahweh with all my heart, and lean not unto my own understanding. In all my ways I acknowledge Him and He directs my path. (Proverbs 3:5-6)

Yahshua is made unto me wisdom, righteousness, sanctification and redemption. Therefore I

confess that I have the wisdom of Yahweh, and I am the righteousness of Elohim in Messiah Yahshua. (1 Corinthians 1:30, 2 Corinthians 5:21)

I am filled with the knowledge of Yahweh's Will in all wisdom and spiritual understanding. (Colossians 1:9)